

SDMFC 9th Annual Summit: EdCamp Activity Notes

1. Childcare

What's Happening Now:

- Inclusion for special needs kids.
- Affordability
- Long waitlist
- More locations
- Income guidelines
- NACCRA gone
- Less license restrictions

What Should Happen:

- High quality facilities
- Free childcare
- Free pre-k
- Shorter waitlist
- All over SD County
- Hiring and training more robust staff
- Centralized system
- Childcare collaborative meetings

How to GTWO:

- Advocate with the government
- Lobbying
- Social media untapped
- Partners' help and local leaders
- Use 2-1-1

2. Housing

What's Happening Now:

- High cost and utility cost
- Long waiting list
- Large geographical area
- Mold in military housing

What Should Happen:

- More survey, match B.A.H.
- More housing buildings
- Specific DOD

How to GTWO:

- Lowering PPV Contract or renewals every 5 years.
- Fear of retaliation (whistleblowers).

3. Spouse Employment

What's Happening Now:

- Low employment

- Concerns with longevity and stability
- Certs/licenses not being recognized
- MYCCA

What Should Happen:

- Connecting employers with spouses
- Connecting governing bodies with spouses
- Sharing programs and resources
- Spouse specific networking opportunities
- Peer/professional mentors

How to GTWO:

- Command doc. And pre-deployment briefs.
- Social media
- Community partners

4. Mental Health

What's Happening Now:

- Whole body approach
- Preventative and proactive
- DBT Medication, breathing techniques
- Education
- Self-care
- Starting with children
- Difficulty finding providers
- Lack of options specifically for youth
- Lack of support when living with PTSD
- Psycho education

What Should Happen:

- Therapy with whole family instead of just AD
- AD rely info to spouses, be supportive
- Zones of regulation – youth
- Educating, teaching
- Social Emotional Learning
- Mental Health 1st aid
- Trauma informed care
- Understand full-scope, interrelations

How to GTWO:

- Educating and teaching others
- Sharing resources
- Being supportive

5. Legal Resources

What's Happening Now:

- Expensive
- Spouses are unaware of what they need to do
- Military bases have difficult office hours
- **No free legal help for veterans offered**

What Should Happen:

- Educating and sharing resources to Military families
- Connecting to ombudsmen
- Offering free legal help and resources to Veterans
- Extension of office hours on base
- Should be heavily funded
- FREE Consultations

How to GTWO:

- Sharing info and resources
- Educating ombudsmen
- Hiring command/family advocate

6. LGBTQIA+ Resources

What's Happening Now:

- No enough resources
- Mental Health services for trans youth
- Stigma
- Violence against this community
- Fear

What Should Happen:

- Training service providers to be more open and understanding
- Usage of pronouns
- Connecting the community to available resources
- Being inclusive

How to GTWO:

- Sharing resources and inviting this community in

7. Community Belonging/Social Connections

What's Happening Now:

- Scattered
- More social awareness on social media

What Should Happen:

- More media opportunities
- More collaborating amongst local business
- Educating the civilian community on ongoing struggles as a military family
Educating the educators

How to GTWO:

- Military service members pass info to their spouses

- Resource tables and events
- Liking resources on social media to remain aware

8. Emergency Assistance (Financial/Food Insecurity)

What's Happening Now:

- The paying is not high
- More resources
- Student loans
- Housing allowance counts against families for Cal fresh

What Should Happen:

- Need to pay service members more
- Connect service members and veterans to VCC and other resources
- Need 0% interest loan for financial assistance

How to GTWO:

- Connecting client and service members to resources
- More food distributions
- Scholarships for school

9. Family Planning (Adoption, Fertility, & Loss)

What's Happening Now:

- Limited resources and facilities
- Long wait times and expenses are high
- Limited resources for LGBTQ community
- Different in every state
- Limited research in women's health
- Feeling of isolation
- Lack of support/stigma

What Should Happen:

- More research
- Laws that support family planning
- More resources
- More affordable

How to GTWO:

- Sharing resources
- Educating the public

10. Hospice Care/Caregiving Resources

What's Happening Now:

- Prescription drug abuse
- Respite for caregivers
- Long waitlist
- Don't ID as a caregiver

What Should Happen:

- More funding for caregiver services

- More caregivers
- De-stigmatizing being a caregiver
- Being supportive

How to GTWO:

- Sharing resources and educating the public about the importance of being a caregiver