**SDMFC 10th Annual Summit Panelist Bio**

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**FLOSSIE BIO**

Flossie is an active duty Navy Spouse and accomplished entrepreneur specializing in e-commerce, marketing strategy, business development, growth of operations, and sales. She generated over 7-figure revenues within the first year of launching her meal prep and delivery company-Healthy Momma-in 2015.

She went on to sell over 500k meals, create over 100 Military Spouse jobs, donate over 10k meals to homeless Veterans and mentor numerous individuals.

Flossie is now known in her role for National Military Spouse advocacy and public speaking across local and national venues such as Fox News, NBC, CBS and PBS. She has helped build and scale multiple accelerator and military programs. She has served as the CMO for a technology startup and serves on various boards supporting the Military community.

She is now the COO and Cofounder of AMSE-The Association of Military Spouse Entrepreneurs which helps military spouses all around the globe to start, launch and grow their own businesses.

Flossie has four children, and currently resides outside of Los Angeles. She loves being near the ocean,the sunshine, reading a book a week, and listening to all things NPR.