



The Steven A. Cohen  
Military Family Clinic  
at VVSD

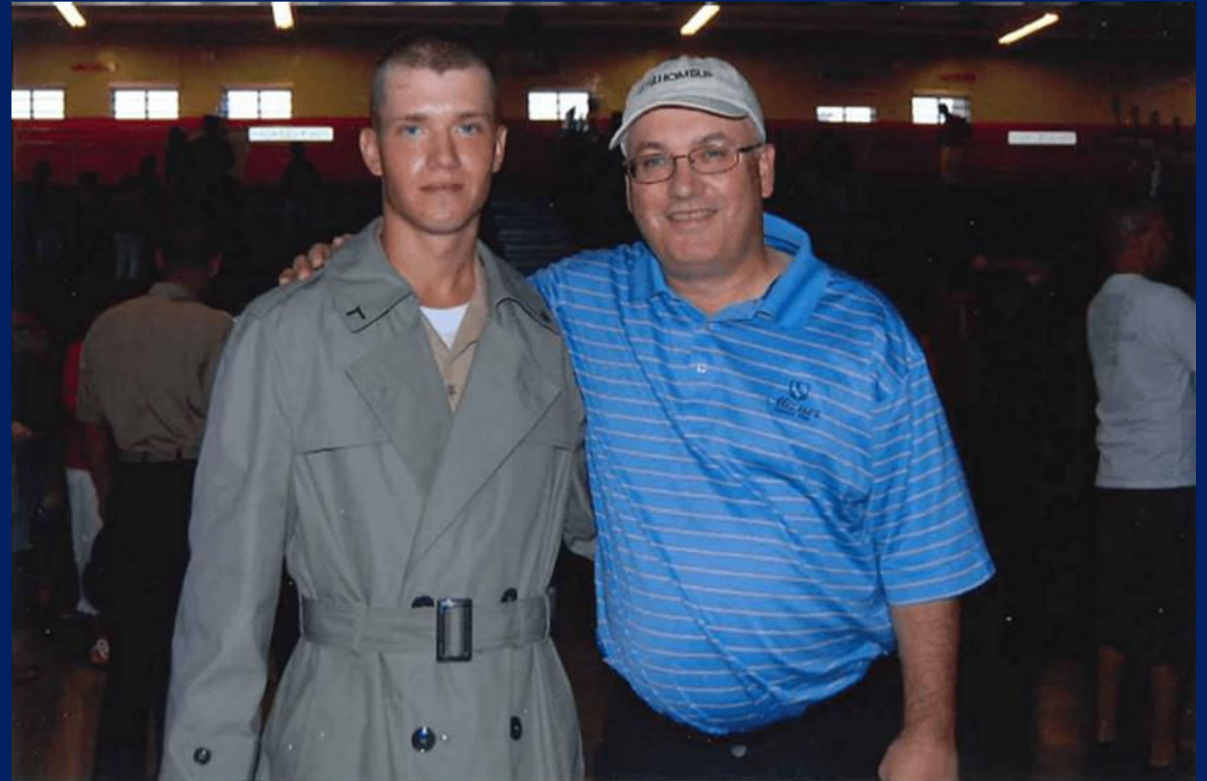


# Cohen Veterans Network History

## Beginnings

Steven A. Cohen's interest in the veteran community began after his son enlisted in the Marine Corps in 2009.

- Robert Cohen deployed to Afghanistan from August 2010 to February 2011.
- Steve Cohen begins serving on the board of the Robin Hood Foundation, specifically focusing on veteran initiatives. He ultimately co-chairs the board with Admiral Mike Mullen.



# WHO WE SERVE

Post-9/11  
Veterans & Active  
Duty

Family Members

Includes  
National  
Guard and  
Reserves

Includes  
Dishonorable  
Discharge

Includes  
Caretakers,  
Spouses,  
Children

Others as  
defined by the  
veteran or  
service  
member

\*Our Cohen Clinic now offers individual therapy for active duty with a TRICARE referral.

# MISSION



ACCESSIBLE

HIGH  
QUALITY

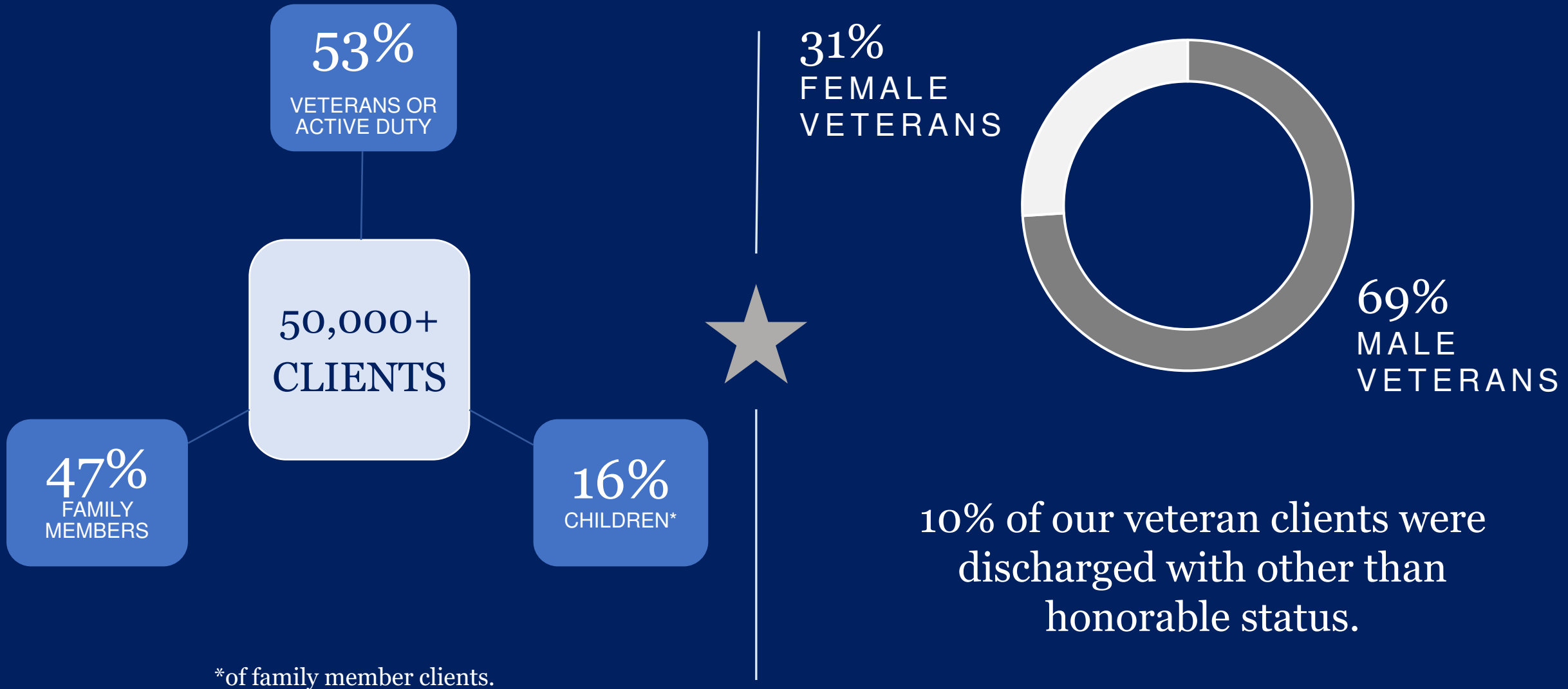
The Steven A. Cohen Military Family Clinics at VVSD's mission is to improve the quality of life for post-9/11 veterans, active-duty service members and their families by providing high-quality mental health care that is accessible to all.

Trained clinicians deliver **holistic evidence-based care** to treat mental health conditions, while destigmatizing mental health treatment.

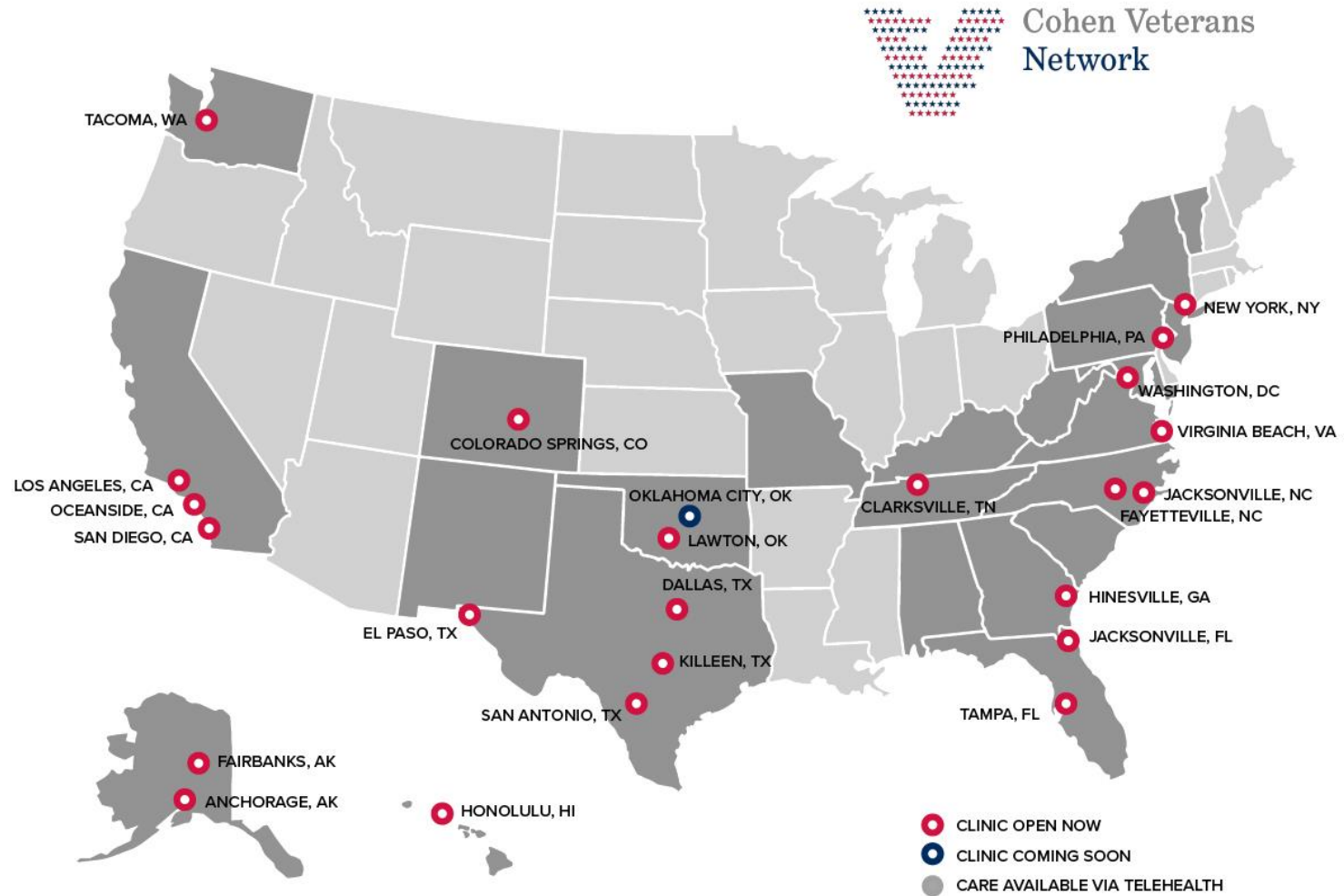
# FIND YOUR CARE

- 
- A woman wearing a straw hat and a backpack is carrying a young child on her back. They are standing on a grassy hillside, looking out over a vast landscape towards a body of water and distant hills under a warm, golden sunset sky. The scene is peaceful and contemplative.
- Depression
  - Anxiety
  - Post-traumatic stress disorder
  - Adjustment issues
  - Substance misuse
  - Anger
  - Grief and loss
  - Family issues
  - Transition challenges
  - Sleep problems
  - Relationship problems
  - Children's behavioral problems

# COHEN VETERANS NETWORK CLIENTS



# LOCATIONS



# CONTACT US

8885 Rio San Diego Drive, Suite #301  
San Diego, CA 92108  
(619) 345-4611  
[info@cohenvvsd.org](mailto:info@cohenvvsd.org)

3609 Ocean Ranch Blvd, Suite #120  
Oceanside, CA 92056  
(760) 418-4611  
[oceanside@cohenvvsd.org](mailto:oceanside@cohenvvsd.org)

20800 Madrona Avenue  
Suite C-100  
Torrance, CA 90503  
(213) 642-4611  
[losangeles@cohenvvsd.org](mailto:losangeles@cohenvvsd.org)

[vvsd.net/cohenclinics](http://vvsd.net/cohenclinics)



[facebook.com/cohenclinicvvsd](https://facebook.com/cohenclinicvvsd)



[@CohenClinicVVSD](https://twitter.com/CohenClinicVVSD)



Cohen Veterans Network





# Group Support at San Diego Clinic



The Steven A. Cohen  
Military Family Clinic  
at VVSD

## Women in Uniform Connect Group

*FREE psychoeducation group for women in the  
military, past or present*

A place for women in the military community to talk about the unique challenges they faced during and after their service. Topics participants may want to discuss could include military sexual trauma, discrimination, parenting, loss of identity, transition to civilian life, and financial planning, and more. Sessions will consist of a variety of activities, including art therapy, mindful exercises and goal setting. Child watch and light snacks will be provided.

 8885 Rio San Diego Drive,  
Suite #301  
San Diego, CA 92108-1610

 May 22-June 12, 2023  
Mondays, 12:30-1:30 p.m.  
Thursdays, 5:30-6:30 p.m.



**REGISTER TODAY!**

○ PRIDE Poster Party – July

○ Welcome to San Diego Fair – July/August

○ Teen Emotional Strength Group - August

# Spouse and Family Support Opportunities

You did, too. Take the next step in advancing your career by signing up for the next OBTT class, in-person or online.



**OBTT** Build your Brand.  
Refine your Resume.  
Craft your Career.

OFF-BASE TRANSITION TRAINING

OBTT is an opportunity earned through service for veterans, veterans currently serving in the National Guard and Reserve, and their spouses, to take control of their career through ten employment-focused workshops offered in-person and virtually.

Register Online @ [dol.gov/obttworkshops](https://dol.gov/obttworkshops)



## OUR FAMILY, OUR STORY FREE SUMMER WORKSHOP SERIES

TUESDAYS  
5PM-7PM  
&  
SATURDAY  
10AM-12PM



Join us for a consecutive series!  
Learn photography as a tool to express yourself and share your story while working with professional photographers.

Open to military connected individuals, couples and families.

No experience needed.  
All equipment provided.

Tuesdays: June 27, July 11, 18, 25 & August 1, 8, 15  
and Saturday: July 8

REGISTER HERE



# Community Partners Welcomed



- FREE to community partners
- Full audio/visual setup
- Access to sink and refrigerator