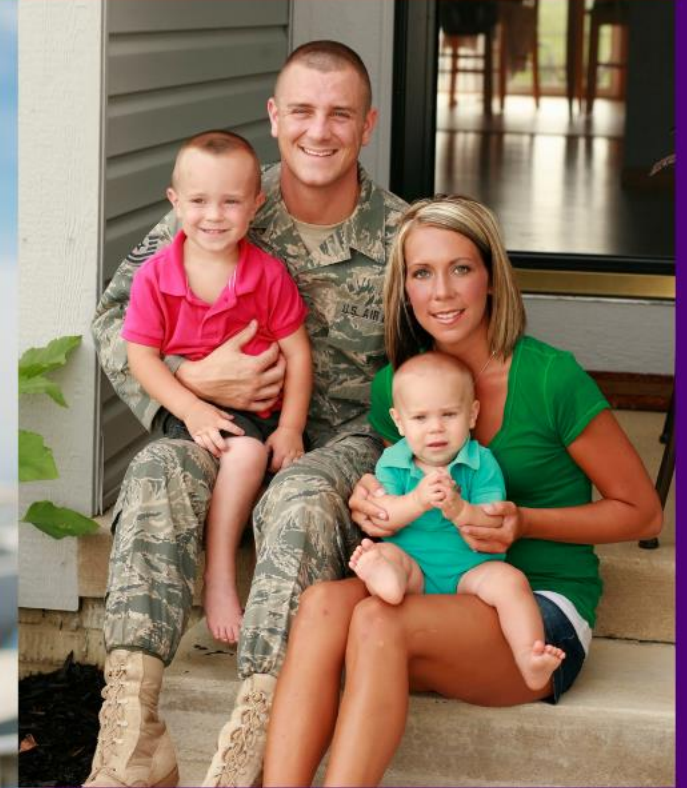


# **SDMFC Presents: "Connect & Cultivate: Celebrating Military Spouses"**



**May 26th, 2023**

**Program & Administration  
Provided By:  
SAY San Diego**



## Today's Information & Materials

Please utilize this link below to access resources for today's convening:

<https://sdmilitaryfamily.org/may-2023-convening/>

Today's Sign In: <https://forms.office.com/r/tsrTAXAtjw> or use QR



- For past convenings, visit: <https://sdmilitaryfamily.org/about/in-the-news/> OR check out FB for our convening videos: <https://www.facebook.com/sdmilfam/videos/>
- As always, please provide your feedback via Post-Convening Survey

FOR CONVENING LINKS INFO: <https://sdmilitaryfamily.org/may-2023-convening/>



# **SDMFC's Annual Theme: Connect And Cultivate**



## **#ConnectAndCultivate**

- ✓ **Power of Relationships**
- ✓ **Action Orientated**
- ✓ **Continuity**
- ✓ **Collective Impact**
- ✓ **What's Your Contribution?**

## SDMFC 2023 Membership



Logos of partner organizations include: National University, Navy CYP, Operation Homefront, The Steven A. Cohen Military Family Clinic, The Elizabeth Hospice, Liberty Military Housing, The Fleet & Family Support Center, Jewish Family Service, zero8hundred, PSYCH/ARMOR, SAN DIEGO STEP, FAMILY FORCES, SAN DIEGO FINANCIAL LITERACY CENTER, kpbs, OUTSIDETHELENS, MARINE & Family, SAN DIEGO WOUNDED WARRIOR TENNIS PROGRAM, and SDVC (San Diego Veterans Coalition).

**San Diego Military Family Collaborative's  
2023 Member Organizations**

SDMFC PROUDLY PARTNERS WITH THESE IMPACTFUL ORGANIZATIONS!

Interested in Becoming  
a Member?

Visit:

<https://sdmilitaryfamily.org/join/>

Application Renewals  
or New Applications  
Ongoing through 2023  
Save the Date:

**June 14<sup>th</sup> @ 10:00am**  
**Mind-Body Workshop**




# SDMFC Action Teams- What I Wish My Parents Knew

Parents & Teens are Invited to Attend:



## WHAT I WISH MY PARENTS KNEW:

LET'S TALK!  
HOW TO COMMUNICATE WITH & LISTEN TO YOUR TEEN



**Tuesday, February 28th, 2023**  
**5:30pm-7:00pm**  
Via Zoom:  
Meeting ID: 891 6556 6387  
Passcode: WIWMPK23  
Registration Encouraged

Artwork created by Taniya Cooksay from Lincoln High School



In addition to hearing from talented youth leaders, experts from TURN/MHS Behavioral Health Services and The Tariq Khamisa Foundation will lead breakout sessions to share strategies on how to strengthen communication within the family unit.

QUESTIONS?  
SHANNON STRACENER  
sstracener@saysandiego.org  
STACY CHILES  
schiles@saysandiego.org

FOLLOW SDMFC ON SOCIAL MEDIA:



/SDMILFAM

**S.D.M.F.C.**  
SAN DIEGO MILITARY  
FAMILY COLLABORATIVE  
WWW.SDMILITARYFAMILY.ORG



- **Next Action Team Meeting:**  
**Thursday June 22nd, 2023:**  
**Time- 12:00pm-1:00pm**
- **MilTeen Partners Requested**
- **Gearing Up for 2023-24 School Year**
- **Seeking new partners; topics of discussion; Inviting all Mil Youth Groups/Community Members**
- **Please Review Our Past Virtual Forums:**
- **<https://www.youtube.com/channel/UCdkrAxxhBNjQB-qUmqsmapuA>**

**FOR CONVENING LINKS INFO: <https://sdmilitaryfamily.org/may-2023-convening/>**

# SDMFC Action Teams- Military Transition: the Spouse Edition



**RETIRING OR SEPARATING  
FROM THE MILITARY ?**



**PRESENTS:**  
**MILITARY TRANSITION:  
THE SPOUSE EDITION**

**FREE  
WORKSHOP &  
PREP BINDER!**

**SPEAK WITH THE EXPERTS ABOUT:**

- VA/SERVICE CONNECTED  
DISABILITY COMPENSATION
- TRICARE
- CAREER CHANGE & SALARIES
- EDUCATION & TRAINING
- FINANCIAL PLANNING &  
RETIREMENT
- RELOCATION
- WELLNESS & PEER SUPPORT
- AND MUCH MORE!



**WORKSHOP DATES/TIMES:**  
**DAY COURSES**  
**THURSDAYS: 10 AM - 12 PM (PST)**  
JANUARY 19TH, 2023  
APRIL 20TH, 2023  
JULY 20TH, 2023  
OCTOBER 19TH, 2023  
-----  
**EVENING COURSES**  
**THURSDAYS: 5 PM - 7 PM (PST)**  
FEBRUARY 16TH, 2023  
MAY 18TH, 2023  
AUGUST 17TH, 2023  
NOVEMBER 16TH, 2023  
\*HYBRID WORKSHOP FORMAT WILL BE OFFERED IN 2023  
(IN-PERSON OR VIRTUAL) SUBJECT TO CHANGE

**EQUIPPING YOU & YOUR  
FAMILY FOR SUCCESS!**

**REGISTRATION  
REQUIRED:** [HTTPS://SDMILITARYFAMILY.ORG/TRANSITIONS/](https://sdmilitaryfamily.org/transitions/)

**QUESTIONS? Email:** [dromero@saysandiego.org](mailto:dromero@saysandiego.org) or (858) 810-8259  
\*\*Program & Administration for SDMFC is provided by SAY San Diego\*\*



## Open to All Military & Veteran Families

- 2023 - Hybrid Format, but must register 1 week prior for in-person
- MTSE Action Team (virtual)  
JUNE 8<sup>th</sup>, 10:00am-11:00am
- Next MTSE Workshop:  
July 20<sup>th</sup>, 10:00am-12:00pm  
(Registration Required)

FOR CONVENING LINKS INFO: <https://sdmilitaryfamily.org/may-2023-convening/>

## **SDMFC ANNUAL SUMMIT PLANNING**



### **SDMFC'S CROWN JEWEL EVENT**

- **Projected Date: October 2023**
- **Help us plan our program to rally the entire community!**
- **All are welcome to attend & lend your voice to create a memorable event!**
- **Next Planning Date: June 6<sup>th</sup> @ 11am**
- **See CC Members or Danny for details**



## YOUR CHARGE FOR THE DAY

Today's convening will feature various segments. Please follow along in order to get the most out of today's experience:

**1. In-Person-** Contribute ideas, be present, ask questions

**2. Virtual Audience**

**1. Show Video-** Please show your face today!

**2. Interact-** Participate in the breakouts and use the Chat Box for questions...and try out new online activities (jamboard, polling, and more)





## **VIDEO: MARRIED TO THE MILITARY- MIL SPOUSE APPRECIATION**



FOR CONVENING LINKS INFO: <https://sdmilitaryfamily.org/may-2023-convening/>

# ICE BREAKER: MILITARY SPOUSE APPRECIATION MONTH

Let's kick off a quick QUIZ to see how much you know about  
MILITARY SPOUSES!!!



Supported by CC Member Kristin Fernandez

FOR CONVENING LINKS INFO: <https://sdmilitaryfamily.org/may-2023-convening/>

# ICE BREAKER: MILITARY SPOUSE APPRECIATION MONTH

We encourage you all to participate in our DISCUSSION (in-person/virtual)

Today, we ask you to...

- 1. Greet One Another:** Share video & unmute self
- 2. Introductions-** Share name, agency (if any), and/or military connection
- 3. Answer the following question(s):**
  - Small group discussions continuing Two Truths & A Lie to get better acquainted*



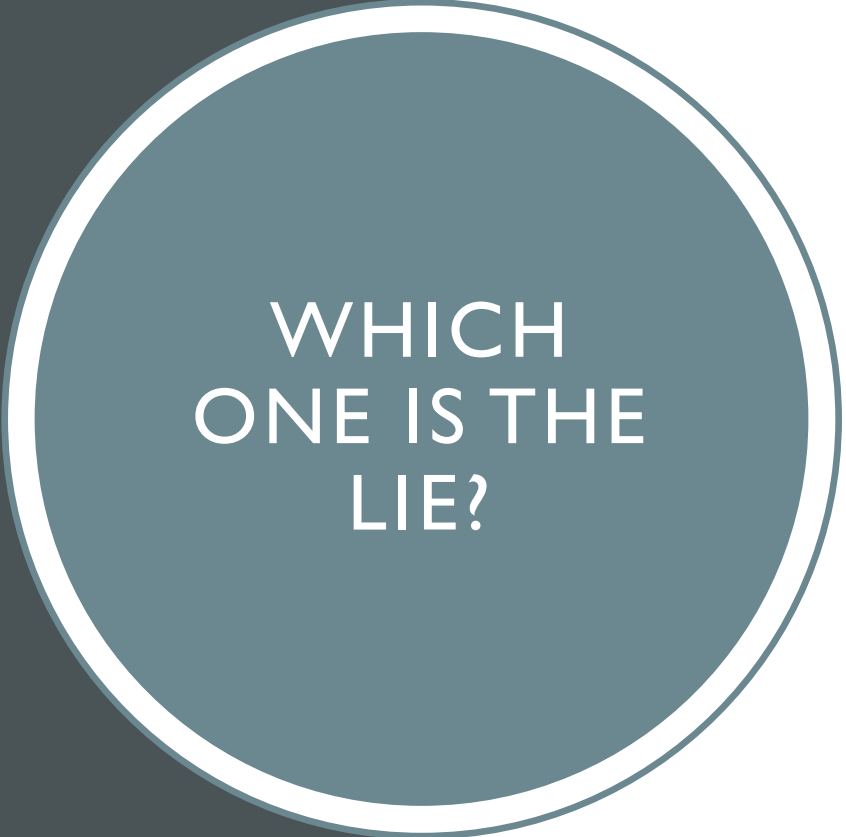


# TWO TRUTHS & A LIE

Military Spouse Edition

## ROUND I

1. United States president, Ronald Reagan, was the first to recognize Military Spouse Appreciation Day.
2. In 1999, the U.S. Congress designated May as the month to recognize Military Spouse Appreciation Day.
3. Military spouses cannot obtain a job while their spouse is active duty.



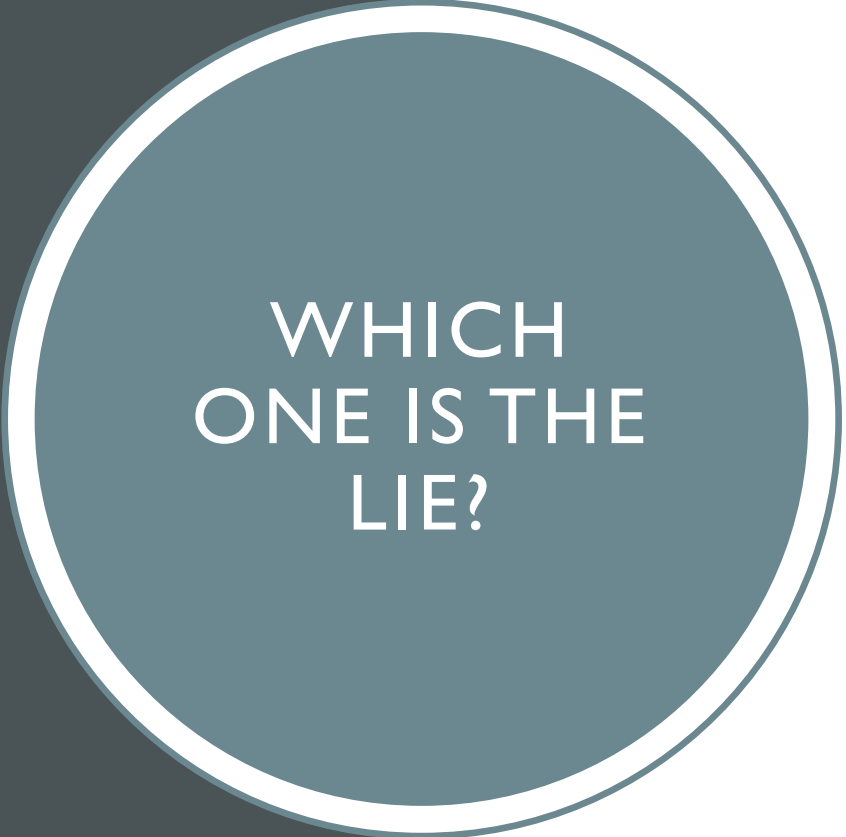
WHICH  
ONE IS THE  
LIE?

Military spouses cannot  
obtain a job while their  
spouse is active duty.



## ROUND 2

1. Not all military spouses want to have children.
2. If a military spouse has a teaching credential in one state and moves to another state and wants to teach, they cannot transfer their credential.
3. The Family Member Employment Assistance Program helps military dependents & spouses look for jobs and receive assistance writing a resume.



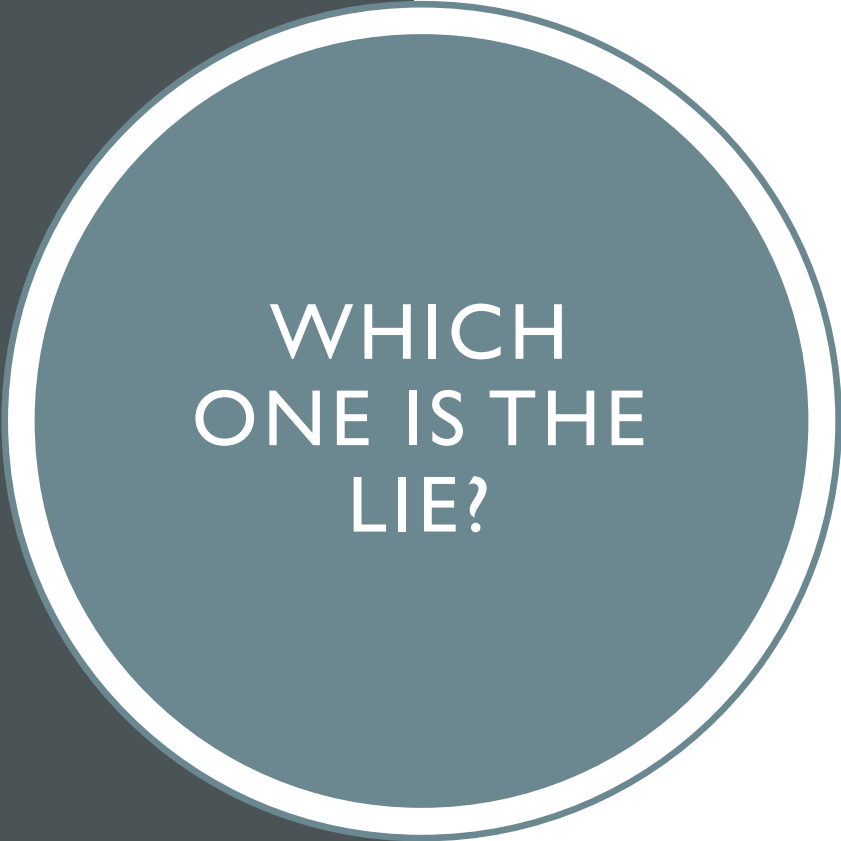
WHICH  
ONE IS THE  
LIE?

If a military spouse has a teaching credential in one state and moves to another state and wants to teach, they cannot transfer their credential.

## ROUND 3

1. There are no programs or organizations to assist military spouses. It is up to them to navigate challenges on their own.
2. Military Spouse- Simplify Your Crazy, Wonderful Military Life is a magazine that provides a wide variety of articles covering different topics such as Moving, Entrepreneurship, Employment, Education, Parenting, Finances, Health, and Transition to Civilian Life.
3. The USO provides localized spouse meet ups called Coffee Connections to give spouses the opportunity to make friends and connect.





WHICH  
ONE IS THE  
LIE?

There are no programs  
or organizations to  
assist military spouses. It  
is up to them to navigate  
challenges on their own.

THANK YOU!

## **3 Objectives for Participants TODAY!**

- **Objectives for Participants for Military Spouse Appreciation**
  - Recognize the unique challenges of military spouses
  - Awareness of employment/educational opportunities
  - Highlight of those working for and w/ military spouses
  - How has the needs of military spouses changed since COVID-19
  - How to build a network of support for military spouses/spouse support networks
- **Panel Discussions**
- **Resource Roundtable**
- **Community Scan (should time permit)**

FOR CONVENING LINKS INFO: <https://sdmilitaryfamily.org/may-2023-convening/>





## **TODAY'S EXPERTS: YOUR LOCAL MIL SPOUSES**

### **SDMFC WELCOMES:**

Sara Davis, Navy Spouse

Lacey Schrader, Marine Corps Spouse

Christine Winicki, Veteran Spouse



**MILITARY SPOUSE**  
APPRECIATION MONTH

Photo Credit: Kaiserslautern Army MWR

FOR CONVENING LINKS INFO: <https://sdmilitaryfamily.org/may-2023-convening/>

## Bio/Stretch Break



## **RESOURCE ROUNDTABLE: MILSPOUSE EDITION**

### **INSTRUCTIONS:**

**Each provider will have 3-4 minutes to present on their organizational services directed SPECIFICALLY to military spouses**

**We have selected a few organizations you may be unfamiliar with, but invite others to present following these niche groups**



## RESOURCE ROUNDTABLE: MILSPOUSE EDITION

### RECREATION: Military Spouse Kickball Association



<https://www.facebook.com/MSKAMiramar/>

Email: [MSKAmiramar@gmail.com](mailto:MSKAmiramar@gmail.com)

FOR CONVENING LINKS INFO: <https://sdmilitaryfamily.org/may-2023-convening/>



# RESOURCE ROUNDTABLE: MILSPOUSE EDITION

## RECREATION: Morale, Wellness, & Recreation

NAVAL BASE SAN DIEGO  
COMMUNITY RECREATION

JUNE 2023

REGISTRATION REQUIRED FOR ALL EVENTS. FULL EVENT LISTING AVAILABLE ONLINE: [NAVYLIFESW.COM/NBSDCR](http://NAVYLIFESW.COM/NBSDCR)



YOUTH PICKLEBALL CLINIC



FAMILY CARDBOARD BOAT RACE



DOG BEACH DAY

STAR GAZING

FRIDAY, JUNE 1, 7:30 PM - 9 PM, FREE

OBSERVE THE NIGHT SKY THROUGH TELESCOPES AND BINS. STARS, PLANETS, GALAXIES, AND MORE. ALL SKYVIEWERS WELCOME.

YOUTH PICKLEBALL CLINIC

SATURDAY, JUNE 2, 2 PM - 3:30 PM, \$25, AGES 10+

MISS COURTESY BEACH. PICKLEBALL COURTS. BLENDED WITH A FISHING TUTORIAL. COPIES OF THE FISHING TUTORIAL.

STORY TIME CRAFT & PLAY

WEDNESDAY, JUNE 1, 10 AM, FREE

SAN DIEGO LIBRARY CENTER. Bring your child and join us for a special Father's Day Story Time, Craft, and Play event.

AUTO SKILLS CLASS & TOUR

SATURDAY, JUNE 10, 9 AM, FREE

NBSO AUTO SKILLS CENTER. Sign up for this month's class on oil change, under car inspection & the use of the owner's manual.

WOOF WALK

SATURDAY, JUNE 10, 9 AM, FREE

NBSO ANNUAL PRIDE PRESENTATION. Get ready for some doggie love! The sun is hot and it's a fun day to walk with your dog.

CHULA VISTA BREWERY TOUR & TASTING

SATURDAY, JUNE 10, 1 PM - 3 PM, \$25

CHULA VISTA BREWERY (EAST LAKE). Join us for a beer tour of the brewery and learn about the process of brewing beer.

MEET THE OLD TOWN TROLLEY!

WEDNESDAY, JUNE 1, 9 AM - 3 PM, FREE

NBSO ANNUAL PRIDE PRESENTATION. Come by our stop and meet the trolley team.

2023 ATTRACTIONS AND LEISURE TRAVEL EXPO

FRIDAY, JUNE 10, 10 AM - 4 PM, FREE

NBSO ANNUAL PRIDE PRESENTATION. Meet the local attractions, travel agents, and more.

FAMILY CARDBOARD BOAT RACE

SATURDAY, JUNE 10, 10 AM - 12 PM, FREE

ADMIRAL PRIDE POOL, BLDG. 307A. Take on the ultimate family challenge and build a boat made entirely of cardboard and duct tape!

FATHER'S DAY CARTOONING

SATURDAY, JUNE 10, 2 PM - 5 PM, \$5

NBSO ANNUAL PRIDE PRESENTATION. Make Father's Day cards, specializing in getting a unique afternoon of cartooning! Learn the skills and watch your creative side.

DOG BEACH DAY

TUESDAY, JUNE 20, 10 AM - 1 PM, FREE

OCEAN BEACH DOG BEACH. Bring your pup to Dog Beach Day for a day of fun in the sun! Dogs and humans are welcome.

HOME STATE STRING ART

THURSDAY, JUNE 22, 6 PM - 8 PM, \$15

NBSO ANNUAL PRIDE PRESENTATION. A fun guided state along art project is the perfect opportunity to celebrate your inner artist and create something truly unique.

GREAT NAVY CAMPOUT NBSO'S CAMPOUT SPECTACULAR

SATURDAY, JUNE 24 - SUNDAY, 25 JUNE, 9 AM - 9 PM, \$10

ADMIRAL PRIDE POOL, BLDG. 307A. For a night of music, games, entertainment, and craft. Plus, dinner, dessert, and breakfast are included in the cost.

KETOGENIC DESSERT AND MEAL PLANNING

THURSDAY, JUNE 29, 6 PM - 8 PM, \$10

NBSO ANNUAL PRIDE PRESENTATION. Join us for a keto-friendly dinner, dessert, and meal planning session.



Events open to all 10+ with valid ID. All programs, events, and pricing subject to change. To register for all events, visit [NAVYLIFESW.COM](http://NAVYLIFESW.COM)



COMMUNITY RECREATION

[www.navylifesw.com](http://www.navylifesw.com)

NAVAL BASE SAN DIEGO  
COMMUNITY RECREATION

JULY 2023

REGISTRATION REQUIRED FOR ALL EVENTS. FULL EVENT LISTING AVAILABLE ONLINE: [NAVYLIFESW.COM/NBSDCR](http://NAVYLIFESW.COM/NBSDCR)



FREEDOM FEST



JUNIOR LIFEGUARD



BUBBLE DAY



GUITAR LESSONS

THE NBSO FREEDOM FESTIVAL

TUESDAY, JULY 18, 10:30 AM - 1:30 PM, FREE

Join us at the Naval Base San Diego Freedom Festival, where we'll have a special Story Time, Craft, and Play event.

TODDLER STORYTIME CRAFT & PLAY

WEDNESDAY, JULY 19, 10 AM - 11 AM, FREE

SAN DIEGO LIBRARY CENTER. Bring your toddler for a special Story Time, Craft, and Play event.

JUNIOR LIFEGUARD PREREQUISITE & COURSE

FRIDAY, JULY 7, 11 AM - 12 PM, \$15 (PREREQUISITE)

SATURDAY, JULY 15, 10 AM - 11 AM, \$15 (COURSE). Class will include a pool mask and all necessary supplies.

AUTO SKILLS CLASS AND TOUR

SATURDAY, JULY 15, 9 AM - 11 AM, FREE

NBSO AUTO SKILLS CENTER. Get to know your car and learn about its inner workings.

FAMILY GLOW BINGO

SATURDAY, JULY 15, 7 PM - 9 PM, \$5

ADMIRAL PRIDE POOL, BLDG. 307A. Join us for a family glow bingo event.

BUBBLE DAY VOLUNTEER

THURSDAY, JULY 27, 10 AM - 12 PM, FREE

ADMIRAL PRIDE POOL, BLDG. 307A. Help volunteer with Bubbles for a fun day event.

GUITAR LESSONS

TUESDAY, JULY 18, 10:30 AM - 1:30 PM, FREE

NBSO ANNUAL PRIDE PRESENTATION. Join us for a guitar lesson with a local instructor.

MASSAGE THERAPY

THURSDAY, JULY 27, 10 AM - 12 PM, FREE

NBSO ANNUAL PRIDE PRESENTATION. Enjoy a relaxing massage during lunch break.

COM REC TO THE SOCCER GAME

SATURDAY, JULY 29, 10 AM - 12 PM, FREE

ADMIRAL PRIDE POOL, BLDG. 307A. Join us for a soccer game with a local team.



Events open to all 10+ with valid ID. All programs, events, and pricing subject to change. To register for all events, visit [NAVYLIFESW.COM](http://NAVYLIFESW.COM)

<https://sandiego.navylifesw.com/>

<https://www.facebook.com/comrecsd/>


FOR CONVENING LINKS INFO: <https://sdmilitaryfamily.org/may-2023-convening/>


## **RESOURCE ROUNDTABLE: MILSPOUSE EDITION**

**MFT Therapist (ABI)**  
**LOGO**  
**WEBSITE**  
**CONTACT PERSON/NUMBER**

# RESOURCE ROUNDTABLE: MILSPOUSE EDITION

## MENTAL HEALTH SUPPORT: STEVEN A COHEN MILITARY FAMILY CLINIC





 The Steven A. Cohen  
Military Family Clinic  
at VVSD


### Women in Uniform Connect Group

*FREE psychoeducation group for women in the  
military, past or present*

A place for women in the military community to talk about the unique challenges they faced during and after their service. Topics participants may want to discuss could include military sexual trauma, discrimination, parenting, loss of identity, transition to civilian life, and financial planning, and more. Sessions will consist of a variety of activities, including art therapy, mindful exercises and goal setting. Child watch and light snacks will be provided.

 8885 Rio San Diego Drive,  
Suite #301  
San Diego, CA 92108-1610

 May 22-June 12, 2023  
Mondays, 12:30-1:30 p.m.  
Thursdays, 5:30-6:30 p.m.



REGISTER TODAY!

<https://vvsd.net/cohenclinicsandiego/>

FOR CONVENING LINKS INFO: <https://sdmilitaryfamily.org/may-2023-convening/>

## **RESOURCE ROUNDTABLE: MILSPOUSE EDITION**

**Peer Navigation: Zero8hundred**



**<https://www.zero8hundred.org/>**

**858-309-4412**



## RESOURCE ROUNDTABLE: MILSPOUSE EDITION

### PEER NAVIGATION: Courage to Call/Turn BHS

*Courage to Call*

MENTAL HEALTH SYSTEMS  
**TURN**  
Behavioral Health Services

<https://www.courage2call.org/>

Call our 24/7 Helpline at  
877-698-7838

Or dial 2-1-1 option 4

FOR CONVENING LINKS INFO: <https://sdmilitaryfamily.org/may-2023-convening/>

# RESOURCE ROUNDTABLE: MILSPOUSE EDITION

## CHILDCARE: Foundation for Women Warriors

PROGRAMS

Our Women Veteran Emergency and Transition Services program is dedicated to the prevention of homelessness and enhances the personal and economic wellbeing of women veterans and their families. We do this through our pipeline of services:

**REGIONAL PROGRAMS**

**Childcare Assistance** provides stipends to daycare, after-care, and camps for student or working veterans, placing their children in a trusted and licensed childcare of their choosing.

**Financial Assistance** programs provides women veterans facing financial hardship with financial management education and emergency stipends to cover rent, utilities, and emergency car repairs.

**Warehouse Distributions** provide women veteran families with hygiene supplies, diapers, wipes, children's clothing, household cleaning supplies, and children's toys around the holidays.

**NATIONAL PROGRAMS**

**Warrior Connect** provides necessary information and referrals regarding additional services and a warm introduction to our partner agencies. Referrals can be for a variety of assistance types including legal services, job skills training and mental health in a geographically desirable location.

**Women Veterans Lead** provides personal, professional, and leadership development education both in-person and online for our national community of women veterans. WVL provides access to online self-paced curriculum in addition to interactive sessions on budgeting, networking, navigating career change, leadership, resilience, and more.



HONOR HER SERVICE  
EMPOWER HER FUTURE

HEADQUARTERS

1185 Park Center Dr.

Suite #2

Visita, CA 92081

EMAIL: INFO@FWW.ORG

PHONE: (310) 733-2450

SOCIAL MEDIA: @FWWOMENWARRIORS








TO DONATE OR LEARN MORE

FOUNDATIONFORWOMENWARRIORS.ORG





HONOR HER SERVICE  
EMPOWER HER FUTURE



CHILDCARE ASSISTANCE

ABOUT THE PROGRAM

Foundation for Women Warriors' Childcare Assistance program provides stipends for daycare (children ages 0-5), camp assistance (summer, winter, and spring), as well as COVID-19 distance learning, learning pods, and hybrid learning. This program allows working or student veteran mothers to maintain employment and pursue their educational goals while offsetting the cost of childcare. Stipends are paid directly to licensed care providers.

APPLY TODAY

Phone: (310) 733-2450 ext 1

Online: [FWW.ORG/APPLICATION/](https://www.foundationforwomenwarriors.org/application/)

*"Foundation for Women Warriors has made it possible for me to continue working. I have been looking for affordable day care or a Summer day camp. I cannot afford to take time off work to take care of my son...I was hesitant to apply but figured as I too am a female veteran in need I would apply. I remember reading the email stating I would be receiving a one time assistance I was beyond happy and relieved! I cannot express how thankful I am to be receiving this help".*

- USMC Veteran

TO LEARN MORE ABOUT FOUNDATION FOR WOMEN WARRIORS & OUR WOMEN VETERAN TRANSITION SERVICES VISIT: [FWW.ORG](https://www.foundationforwomenwarriors.org)

HONOR HER SERVICE | EMPOWER HER FUTURE

<https://foundationforwomenwarriors.org/>

FOR CONVENING LINKS INFO: <https://sdmilitaryfamily.org/may-2023-convening/>

## RESOURCE ROUNDTABLE: MILSPOUSE EDITION

**SOCIAL CONNECTIONS: SAY San Diego's HSMFRC**



*Healthy Start*  
*Military Family Resource Center*

<https://www.saysandiego.org/who-we-serve/military-families/>

FOR CONVENING LINKS INFO: <https://sdmilitaryfamily.org/may-2023-convening/>

# RESOURCE ROUNDTABLE: MILSPOUSE EDITION

## EMPLOYMENT: CAREERWORKS



<https://www.able2work.org/careerworks/>

FOR CONVENING LINKS INFO: <https://sdmilitaryfamily.org/may-2023-convening/>



## RESOURCE ROUNDTABLE: MILSPOUSE EDITION

### EMPLOYMENT: FAMILY MEMBER EMPLOYMENT



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**Family Member Employment  
Assistance Program**

<https://sandiego.usmc-mccs.org/>

**Connie Vasquez/619-524-8640**

## **RESOURCE ROUNDTABLE: MILSPOUSE EDITION**

**EMERGENCY FINANCIAL ASSISTANCE: Support the Enlisted Project**



<https://www.teamstepusa.org/>

## **COMMUNITY SCAN: MILSPOUSE GROUPS/PRIORITY ISSUES**

### **INSTRUCTIONS:**

- Break up into groups of 5 to discuss military spouse groups that new spouses to the region should consider connecting to.
- Please provide the name of group, contact information (if known), and when they meet (if known)!
- Also list key organizations you are aware of that are addressing gaps in service for military spouses (priority areas- childcare, licensure or credentialing, mental health/wellness, etc.)

**LET'S  
DO IT!**

FOR CONVENING LINKS INFO: <https://sdmilitaryfamily.org/may-2023-convening/>



## **COMMUNITY SCAN: MILSPOUSE GROUPS/PRIORITY ISSUES**

### **VIRTUAL INSTRUCTIONS:**

- Depending on size you may work wholistically or in break out rooms utilizing a jamboard (link will be dropped in chat)
- Please identify any spouse groups including when/where they meet up and what they offer via jamboard
- Also list key organizations you are aware of that are addressing gaps in service for military spouses (priority areas- childcare, licensure or credentialing, mental health/wellness, etc.)



FOR CONVENING LINKS INFO: <https://sdmilitaryfamily.org/may-2023-convening/>



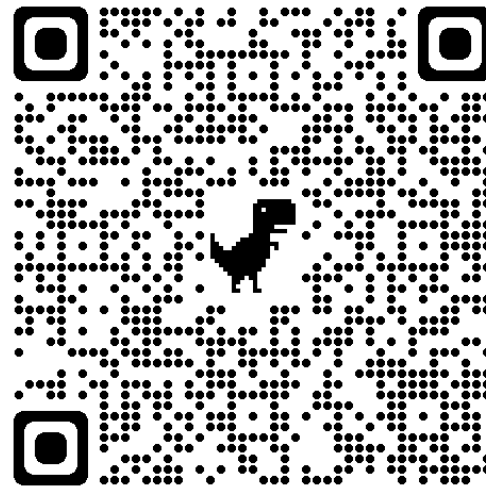
## COMMUNITY SCAN: MILSPOUSE GROUPS/PRIORITY ISSUES

### VIRTUAL INSTRUCTIONS:

- **Connect via link:**

[https://jamboard.google.com/d/1PBfXfRspCMgkaRr2JgLC9XiLMo\\_4cCj1k7SHDzivUcc/edit?usp=sharing](https://jamboard.google.com/d/1PBfXfRspCMgkaRr2JgLC9XiLMo_4cCj1k7SHDzivUcc/edit?usp=sharing)

- **Or Use QR Code:**



FOR CONVENING LINKS INFO: <https://sdmilitaryfamily.org/may-2023-convening/>





## **SDMFC Announcements**

**SDMFC will continue to post updates and information through our Facebook page & newsletters. Follow us at [facebook.com/sdmilfam](https://facebook.com/sdmilfam) for the latest information or sign up for newsletter at:**

- **Annual Summit Planning:** June 6<sup>th</sup>: 11:00AM – 12:00PM (VIRTUALLY)
- **MTSE Action Team:** June 8<sup>th</sup>: 10:00AM-11:00AM (VIRTUALLY)
- **SDMFC Members Only Event:** June 14<sup>th</sup>, 10:00AM-11:30AM (VIRTUALLY)
- **WIWMPK Action Team:** June 22<sup>nd</sup>: 12:00AM-1:00PM (VIRTUALLY)
- **SDMFC Monthly Convening:** June 23<sup>rd</sup>: 10:00am-12:00pm (Mission Valley Library)
- **MTSE Workshop:** July 21<sup>st</sup>: 10:00AM-12:00PM (hybrid- SAY San Diego)
- **STILL SEEKING COORDINATING COUNCIL MEMBERS SO IF INTERESTED SPEAK WITH DANNY!**

## Community Announcements

- Please hold up a hand give your 1-minute announcement
- If you go over your time limit, you will be cut off!
- If you didn't get a chance to finish your announcement, please put it on the flip chart paper or send Danny an email
- Danny will call on folks in person; Mady will relay anything in the chat
- While waiting, please fill out convening survey:

<https://forms.office.com/r/0eLtDbbJLZ>



**THANK YOU!**

Thanks for attending our Monthly Convening!

**Please fill out our survey at this link:**

<https://forms.office.com/r/0eLtDbbbJLZ>

Our Next Monthly Convening:

**Mission Valley Library**

**Friday, June 23rd, 2022**

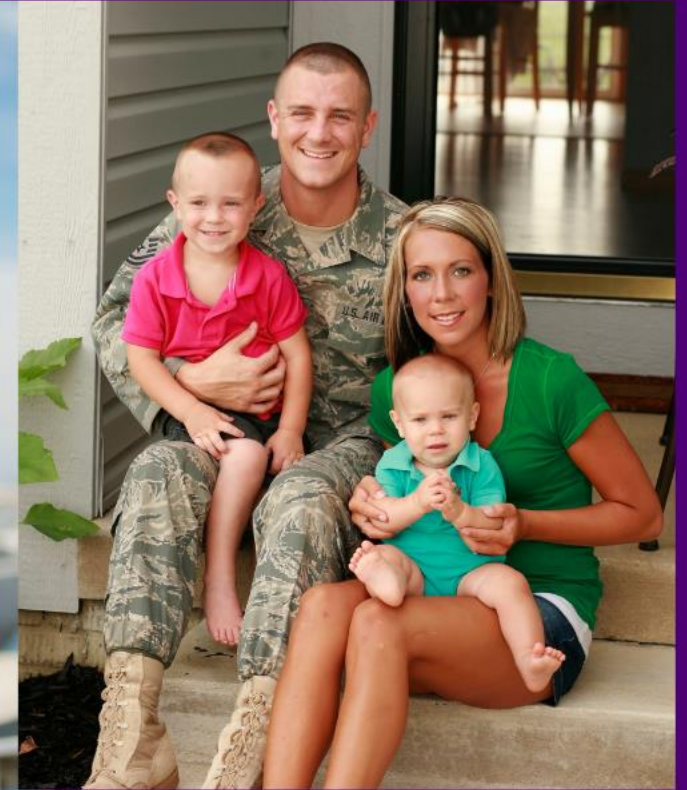
**10:00am-11:30am (program)**

**11:30am-12:00pm (networking)**

FOR CONVENING LINKS INFO: <https://sdmilitaryfamily.org/may-2023-convening/>



# **SDMFC Presents: "Connect & Cultivate: Celebrating Military Spouses"**



**May 26th, 2023**

**Program & Administration  
Provided By:  
SAY San Diego**

